



Recess Elementary School Implementation

Grades K-4

The implementation of recess at all elementary schools, K-4, began in the 2016-2017 school year.

Following are the expectations and considerations for this program.

- Approximately 20 minutes of time for recess consisting, ideally, of an uninterrupted block

Note: There may be exceptions such as field trips, field days, P.E. showcase, assemblies, and/or other special events when recess time will need to be adjusted or resumed on another day.

- Could take place indoor or outside (outside preferred)
 - Discretion is allowed for consideration of safety and access issues (e.g., adverse conditions) when considering location and occurrence of recess.
- Ensured, daily protected time where a student is able to choose from among a variety of options
 - Unstructured time
 - Minimal use of personal devices and individual student screen time
- Not to be used as a punishment – either for an individual or the group (Recess is not “earned” or lost.)
 - This does not preclude intervention for misconduct while participating in recess or when a student is a danger to self or others.

*If parents or guardians have any questions regarding recess at their child’s school,
please contact the building principal.*